

# The Three Rivers

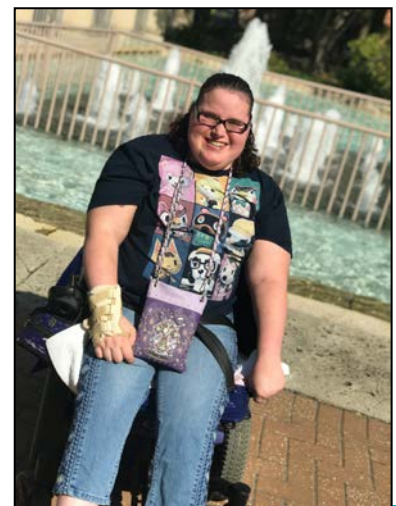
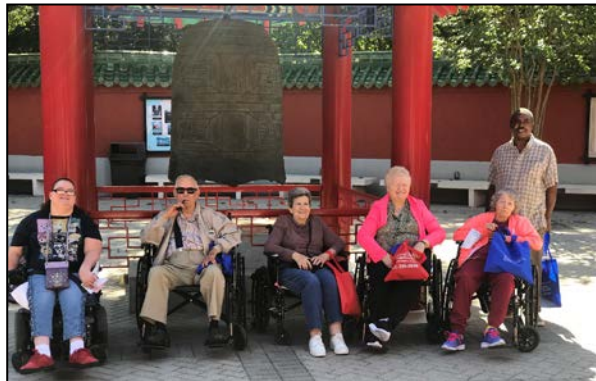
# Reveille

33904 Highway 63 • Marked Tree, AR 72365 • 870.358.2432

November 2017

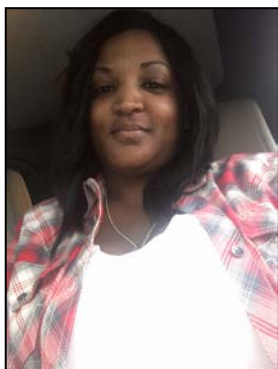
## We Zoo, Do You?

What better way to enjoy the beautiful sunshine and crisp fall air than spending the day outside? Residents did just that last month on their outing to the zoo. Everyone was all smiles as we visited and admired the zoo animals – we even rode a camel!! This zoo trip was one we won't soon forget!



**THREE RIVERS**  
Healthcare & Rehabilitation

A Non-Profit Organization



**Toby Watson**

## Employee of the Month

Toby is a CNA and has been with the Three Rivers team for 9 years. She continually goes above and beyond and takes pride in her work. In her free time, she enjoys spending time with her family. We are blessed to have her on our team. Thank you for all you do, Toby!



**Ms. Helen Watts**

## Resident of the Month

Ms. Watts is very outgoing and enjoys making new friends. She also enjoys playing bingo, painting, casino and zoo trips, and going out to eat. Ms. Helen always puts a smile on everyone's face and we are blessed to have her as part of our family!

## Happy Birthday!

### Residents:

K.Waller	11/13
N.Kimery	11/14
T.Smith	11/16
G.Blagg	11/21
D.Plunk	11/21
D.Blackburn	11/22
L.Gordon	11/23
C.Smith	11/30

### Employees:

Anna Hobbs	11/05
Amber Davis	11/08
Lydia Pena	11/13
Cheryl Evans	11/15
Sherry Turner	11/18
Ashley Mayo	11/21

## Social and Activity Fair

Three Rivers Life Enrichment Directors Candi Maloney and Hannah Barnes recently attended the 2017 Social and Activity Fair put on by the Arkansas Health Care Association and the Arkansas Assisted Living Association. Hannah and Candi set up an exhibit at the fair where they proudly displayed one of the residents' favorite activities – the Sew & Chatter group! At the booth, they had photos of residents quilting and even brought samples of their quilting and sewing handiwork. Way to go, Hannah and Candi!



## Be Flu-less, not Clueless!

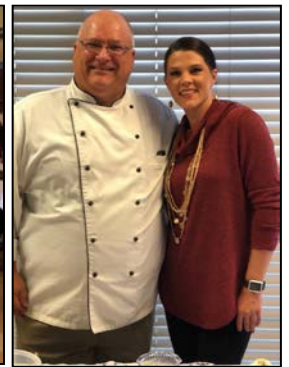
### HOW CAN YOU PREVENT THE FLU DURING FLU SEASON?

1. GET A FLU SHOT.
2. **CONTAIN:** IF YOU OR YOUR LOVED ONES ARE SICK WITH FLU SYMPTOMS, STAY HOME AND DON'T RISK SPREADING GERMS.
3. **CLEAN:** WASH YOUR HANDS OFTEN.
4. **COVER:** COVER YOUR MOUTH WHEN SNEEZING OR COUGHING.

*Together, we can fight the Flu!*

## Wining and Dining with Chef Reynold

A very enlightened man once said "one of the nicest things about life is the way we must regularly stop whatever it is we are doing and devote our attention to eating" - and if we are really fortunate, we get to indulge our appetites in the company of others. Residents did just that last month when Corporate Chef Reynold Landry treated Three Rivers to a Wine and Appetizer Pairing event. Thank you, Chef Reynold, and to everyone who made this event an incredible one!



### Our Mission

Our mission is to enable our residents to live life to its fullest, regardless of age or health, with compassion, understanding, respect, dignity, and caring support.

### Inspirational Quote of the Month

Success is the sum of small efforts, repeated day in and day out.

- Robert J. Collier

### ABOUT US —

Three Rivers Healthcare and Rehabilitation is nestled in a peaceful community of Marked Tree, just off Highway 63. As you will soon see, we may be the best kept secret in Northeast Arkansas! With our spa, salon, garden area, beautiful patios, attentive staff and much, much more, you may find yourself ready to move in, even if you're looking to find a home for someone else!

**Three Rivers  
Healthcare &  
Rehabilitation**

**33904 Highway 63  
Marked Tree, AR  
72365**

**PHONE:  
(870) 358-2432**

**FAX:  
(870) 358-4582**

We're on the Web!

See us at:

[www.threerivershealthcare.org](http://www.threerivershealthcare.org)

## Department Heads:

Administrator

Director of Nursing

Assistant Director of Nursing

CNA Supervisor

CNA Supervisor

MDS Coordinator

MDS Coordinator

Social Services Director

Community Outreach/Admissions Coordinator

Life Enrichment Director

Life Enrichment Director

Billing/Collections Coordinator

Team Member Specialist

Dietary Supervisor

Housekeeping Supervisor

Dana Butler

Misty Stevens

Anna Hobbs

Ashley Winters

Nicotra Anderson

Tonya May

Amy Shinall

Cheryl Goodlow

Brittney Ward

Candi Maloney

Hannah Barnes

Stephanie Davidson

Samantha Harston

Dane Hubbard

Nancy Gibbs

### **REMINDERS:**

- Please label your loved ones' clothing and items, even if you do their laundry.
- Bring zip lock bags or sealed containers for food storage
- Help keep your loved one's closet neat by cleaning it out seasonally.
- Please do not display items on lights.

**Thanks!**



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