

# Three Rivers Reveille

Three Rivers Healthcare & Rehabilitation Newsletter (870) 358-2432

March 2015

## ARTS AND CRAFTS

Many of the residents at Three Rivers Healthcare and Rehabilitation are very creative. Our staff enjoys using crafts as a type of therapy to keep our residents active!

HAPPY  
ST. PATRICK'S  
DAY  
FROM THE  
THREE  
RIVERS  
STAFF!



**THREE RIVERS**  
Healthcare & Rehabilitation

A Non-Profit Organization

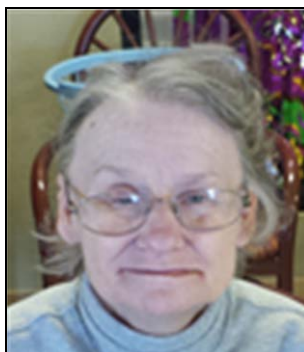
### Employee of the Month



**Robin  
Duncun**

Mrs. Robin has been with us for 4 years and is a very valuable asset to the Three Rivers Healthcare and Rehabilitation team!. She loves working here and feels as if residents and staff are part of her family. Thank you for your hard work and dedication.

### Resident of the Month



**Ms. Patsy  
Payton**

Mrs. Patsy Payton has been a resident of Three Rivers for a month. She enjoys participating in facility activities and visiting the other residents. Thank you for making Three Rivers Healthcare and Rehab your home!

### March Birthdays

#### Residents:

M. Burks	3/13
J. Wright	3/14
J. Person	3/16
V. Russell	3/17
O. Donerson	3/21
M. Higgins	3/26
G. Madden	3/27
M. Meyers	3/28

#### Employees:

Twanna Logan	3/6
Patricia Kirkpatrick	3/8
Jamie Johnson	3/9
Kristy Shaw	3/17
Rose Boyd	3/18
Erica Jordan	3/24
Chasnee Grant	3/25

**Happy  
Birthday**



### Special Bingo

The residents and staff of Three Rivers Healthcare and Rehabilitation enjoy playing Bingo anytime. However, we played a special game of bingo in honor of St. Valentine's Day!



**BINGO**



# St. Patrick's Day Fun Facts

## The Irish Take Saint Patrick's Day Seriously

As you might expect, Saint Patrick's Day is a huge deal in his old stomping grounds. It's a national holiday in both Ireland and Northern Ireland.



## There's a Reason for The Shamrocks



According to Irish legend, the saint used the three-leafed plant as a metaphor for the Holy Trinity when he was first introducing Christianity to Ireland.

## We Should Really Wear Blue

Saint Patrick himself would have to deal with pinching on his feast day. His color was "Saint Patrick's blue," a light shade. The color green only became associated with the big day after it was linked to the Irish independence movement in the late 18th century.



## Saint Patrick Was British

Although he made his mark by introducing Christianity to Ireland in the year 432, Patrick wasn't Irish himself. He was born to Roman parents in Scotland or Wales in the late fourth century.

## It Used to Be a Dry Holiday

For most of the 20th century, Saint Patrick's Day was considered a strictly religious holiday in Ireland, which meant that the nation's pubs were closed for business on March 17. (The one exception went to beer vendors at the big national dog show, which was always held on Saint Patrick's Day.) In 1970, the day was converted to a national holiday, and the stout resumed flowing.

## There Are No Female Leprechauns

Don't be fooled by any holiday decorations showing lady leprechauns. In traditional Irish folk tales, there are no female leprechauns, only nattily attired little guys.



## Our Mission

Our mission is to enable our residents to live life to its fullest, regardless of age or health, with compassion, understanding, respect, dignity, and caring support.

## Inspirational Quote

**KNOWING WHEN TO WALK AWAY IS WISDOM.  
BEING ABLE TO WALK AWAY IS COURAGE.  
WALKING AWAY WITH YOUR HEAD HELD HIGH IS DIGNITY.**

~ UNKNOWN

## ABOUT US —

Three Rivers Healthcare and Rehabilitation is nestled in a peaceful community of Marked Tree, just off Highway 63. As you will soon see, we may be the best kept secret in North East Arkansas! With our Spa, Salon, garden area, beautiful patios, attentive staff and much, much more, you may find yourself ready to move in, even if you're looking to find a home for someone else!

**Three Rivers  
Healthcare &  
Rehabilitation**

**33904 Highway 63  
Marked Tree, AR  
72365**

**PHONE:  
(870) 358-2432**

**FAX:  
(870) 358-4582**

We're on the Web!  
See us at:  
[www.threerivershealthcare.org](http://www.threerivershealthcare.org)

## DEPARTMENT HEADS:

**Administrator**  
**Director of Nursing**  
**Admissions Coordinator**  
**MDS Coordinator/Medical Records**  
**Medical Records**  
**Social Services Director**  
**Business Office Manager**  
**Human Resources/Payroll Manager**  
**Medicare Nurse**  
**Dietary Manager**  
**Maintenance**  
**Housekeeping Supervisor**  
**CNA Supervisor**  
**Activity Directors**

Charles Moore  
Diane Green, RN  
Brittney Smallwood, LPN  
Anna Hobbs, LPN  
Mellissa Meredith  
Cheryl Goodlow  
Melissa Walling  
  
Cinda Thomas, LPN  
Robin Duncan  
Jimmy Carpenter  
Florence Martin/Pat Holt  
Deloris Woods  
Angela Duncan/Toby Watson

## REMINDERS:

- Please label your loved ones' clothing and items, even if you do their laundry.
- Bring zip lock bags or sealed containers for food storage
- Help keep your loved one's closet neat by cleaning it out seasonally.
- Please do not display items on lights.

**Thanks!**



**33904 Highway 63  
Marked Tree, AR 72365**

