# Three Rivers Reveille

Three Rivers Healthcare & Rehabilitation Newsletter

## April 2015

### MARCH MADNESS!

The staff of Three Rivers Healthcare and Rehabilitation recently participated in some friendly basketball competition with the staff of Elder Outreach and our residents were on hand to cheer us on. The residents really enjoyed watching the staff cutting up, being silly and running around having fun. Both sides won trophies and awards in various stages of the

HAPPY

tournament. The residents spent a couple of weeks preparing to cheer on our team, the Three Rivers Trotters, at the March Madness



**EASTER FROM THE** THREE **RIVERS** STAFF!



tournament. Our residents enjoyed making signs, banners, shakers and other noise makers. Thank you to everyone who participated!







### **Thank You!**

East Poinsett County High school kindly allowed us the use of their gym and basketball court for our tournament. The E.P.C. high school band joined us, playing wonderful music for us and keeping us entertained. It was great having music to rev us up and get the competition going. Thank you so much!



## Inspirational Quote of the Month

"IT DOES NOT MATTER HOW SLOWLY YOU GO AS LONG AS YOU DON'T STOP."

~Confucius



Ms. Nicole Schwartz

## Resident

of the Month

Our resident of the month is Ms. Nicole Schwartz. She has two children and enjoys playing board games and visiting with other residents. She loves listening to music and reading. Thank you for making Three Rivers Healthcare and Rehab your home!

### **Happy April Birthdays!**

Residents:		<b>Employees:</b>	
M. Kuechler	4/1	Ruby Wright	4/1
C. Gatlin NURSING CENTER	4/4	Ashley King	4/1
T. Turner	4/6	Crystal Angeles	4/3
B. Field	4/6	Cynthia Turner	4/18
P. Fires	4/7	Debbie McClain	4/23
E. McKinney	4/8	Delores Woods	4/26
L. Frans	4/10	Cinda Thomas	4/27
W. Halfacre	4/10	Candi Maloney	4/27
A. English	4/16	Bobby Greene	4/28
W. Prestidge	4/20		
A. Goad	4/22		

## Happy





4/28

R. Young

# Easter

# St. Patrick's Day

#### **CELEBRATION**

Our Residents had a great time celebrating St. Patrick's Day and the luck of the Irish. They made



rainbows with little pots of gold and cute Leprechaun hats. The residents also made a lot of clovers to decorate the entire facility.



#### **Our Mission**

Our mission is to enable our residents to live life to its fullest, regardless of age or health, with compassion, understanding, respect, dignity, and caring support.

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Here at Three Rivers Healthcare and Rehabilitation, we have fun celebrating and learning fun facts about many different things. It's even more fun if it involves food!

## Fun Facts About Chocolate

Hershey's produces over 80 million chocolate Kisses--every day



Dark chocolate has been shown to be beneficial to human health, but milk chocolate, white chocolate, and other varieties are not. For dark chocolate to be beneficial, cacao or chocolate liquor should be the first ingredient listed, not sugar.

Over 50% of adults in America prefer chocolate to other flavors.



The cacao bean naturally contains almost 300 different flavors and 400 separate aromas.



### ABOUT US -

Source: www.facts.randomhistory.com

Three Rivers Healthcare and Rehabilitation is nestled in a peaceful community of Marked Tree, just off Highway 63. As you will soon see, we may be the best kept secret in North East Arkansas! With our Spa, Salon, garden area, beautiful patios, attentive staff and much, much more, you may find yourself ready to move in, even if you're looking to find a home for someone else!

#### Three Rivers Healthcare & Rehabilitation

33904 Highway 63 Marked Tree, AR 72365

PHONE: (870) 358-2432

FAX: (870) 358-4582

We're on the Web!

See us at:

www.threerivershealthcare.org

### **DEPARTMENT HEADS:**

Administrator Charles Moore

Admissions Coordinator Brittney Smallwood, LPN

MDS Coordinator/Medical RecordsAnna Hobbs, LPNSocial Services DirectorCheryl Goodlow

Business Office Manager Melissa Walling
Human Resources/Payroll Manager Michelle Treat

Medicare Nurse Cinda Thomas, LPN

Dietary ManagerRobin DuncanMaintenanceJimmy Carpenter

Housekeeping Supervisor Pat Holt

**CNA Supervisor** Deloris Woods **Activity Director** Angela Duncan

### **REMINDERS:**

- Please label your loved ones' clothing and items, even if you do their laundry.
- Bring zip lock bags or sealed containers for food storage
- Help keep your loved one's closet neat by cleaning it out seasonally.
- Please do not display items on lights.

Thanks!



33904 Highway 63 Marked Tree, AR 72365