

# Three Rivers Reveille

Three Rivers Healthcare & Rehabilitation Newsletter (870) 358-2432

February 2015

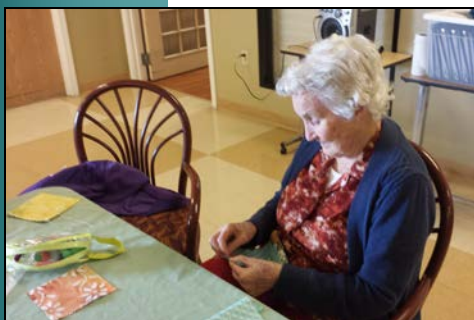
HAPPY  
VALENTINE'S  
DAY  
FROM THE  
THREE  
RIVERS  
STAFF!



## CULTIVATING QUALITY OF LIFE

At Three Rivers Healthcare and Rehabilitation, we are excited to announce a revamping of our activities program. We understand the importance of providing stimulating activities that engage our residents spiritually, cognitively, socially, and physically to promote quality of life. We've added new games that our residents are having a blast playing, while keeping Bingo for Bucks as part of the program. As we've added quilting and sewing, we are proud to report that more residents are coming out to participate each week. Cooking classes and demonstrations are also a big hit with our residents, as we try out a variety of recipes and new foods. Our tree from Christmas will remain up throughout the year for residents to decorate depending on the current holiday. Last, but not least, our residents and staff have started a program, *Change for Families*, in which we collect pocket change to help families in need throughout the community.

The positive changes at Three Rivers are very apparent and we are continuing to introduce new ideas to enhance quality of life. Please feel free to stop by and see and feel our new look at Three Rivers!



**THREE RIVERS**  
Healthcare & Rehabilitation

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*"Life is precious, do not waste it doing anything that your heart does not respect or agree with." -- Leon Brown*



**Cheryl  
Proffitt**

### Employee of the Month

Cheryl Proffitt has been employed at Three Rivers for six months and is a dedicated people person. Her great attitude makes her a true asset to our facility. When not working, Cheryl enjoys spending time with her four children. Thank you for being part of the Three Rivers Healthcare and Rehabilitation team!



**Mr. Joel  
Burch**

### Resident of the Month

Mr. Burch is a very joyful person that likes to joke around and have a good time. He enjoys playing bingo and visiting with other residents. Mr. Burch says his favorite thing to do is spend time with his wife. Thank you, Mr. Burch, for making Three Rivers Healthcare and Rehab your home!

## February Birthdays

### Residents:

Mary Gray	2/2
Mary S. Chandler	2/4
Verlyn Smith	2/5
Eula Williams	2/5
Robert Mc Gill	2/6
Joel Burch	2/8
Murline Davis	2/11
Geneva Robertson	2/18
Vernest Holt	2/27
Beatrice Pitts	2/28
Mildred Brooks	2/29

### Employees:

Mary Willis	2/1
Barbara Sims	2/3
Veronica Chance	2/7
Aleatha Brown	2/16
Frances Reed	2/24
Shirley Champion	2/24
Madelaine Wilson	2/25
Natasha Dullen	2/26
Aileen Easter	2/28

## FAMILY SPOTLIGHT



Pictured above are residents Thelma McCollum and Juanita White along with their sister, Reba Scott, enjoying a meal together! We encourage family and friends to join their loved ones during mealtimes!

### Inspirational Quote

Don't be in such a hurry to condemn a person because he doesn't do what you do or think as you think. There was a time when you didn't know what you know today. -*Malcolm X*

## VALENTINE'S DAY FUN FACTS

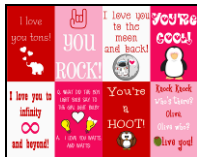
Saint Valentine's Day, also known as Valentine's Day or the Feast of Saint Valentine, is a holiday observed on February 14 each year. It is celebrated in many countries around the world, although it is not a holiday in most of them.



Richard Cadbury invented the first Valentine's Day candy box in the late 1800s. More than 36 million heart-shaped boxes of chocolate are sold for Valentine's Day each year.

About 8 billion candy hearts will be produced this year; that's enough candy to stretch from Rome, Italy to Valentine, Arizona 20 times and back again.

Worldwide, over 50 million roses are given for Valentine's Day each year. 73% of people who buy flowers for Valentine's Day are men, while only 27 percent are women. Valentine's Day and Mother's Day are the biggest holidays for giving flowers.



Women purchase 85% of all Valentine's Day cards. About 1 billion Valentine's Day cards are exchanged in US each year. That's the largest seasonal card-sending occasion of the year, next to Christmas.

Happy Valentine's Day  
from the Three Rivers  
Healthcare and  
Rehabilitation Staff!

Source: [www.stvalentinesday.org](http://www.stvalentinesday.org)

### Our Mission

Our mission is to enable our residents to live life to its fullest, regardless of age or health, with compassion, understanding, respect, dignity, and caring support.

## IT'S BINGO TIME!

The residents of Three Rivers frequently enjoy competitive and entertaining games of Bingo. Prizes range from a variety of candies to soft drinks. Awards are a coveted commodity here, and we work hard to earn them! Pictured at right is a recent game where resident, Ms. Carol Martin, won the cover-all game!



## ABOUT US —

Three Rivers Healthcare and Rehabilitation is nestled in a peaceful community of Marked Tree, just off Highway 63. As you will soon see, we may be the best kept secret in North East Arkansas! With our Spa, Salon, garden area, beautiful patios, attentive staff and much, much more, you may find yourself ready to move in, even if you're looking to find a home for someone else!

## **Three Rivers Healthcare & Rehabilitation**

**33904 Highway 63  
Marked Tree, AR  
72365**

**PHONE:  
(870) 358-2432**

**FAX:  
(870) 358-4582**

**We're on the Web!**

*See us at:*

**[www.threerivershealthcare.org](http://www.threerivershealthcare.org)**

## **DEPARTMENT HEADS:**

**Administrator**

**Director of Nursing**

**Admissions Coordinator**

**MDS Coordinator/Medical Records**

**Medical Records**

**Social Services Director**

**Business Office Manager**

**Human Resources/Payroll Manager**

**Medicare Nurse**

**Dietary Manager**

**Maintenance**

**Housekeeping Supervisor**

**CNA Supervisor**

**Activity Directors**

Charles Moore

Diane Green, RN

Brittney Smallwood, LPN

Anna Hobbs, LPN

Melissa Meredith

Cheryl Goodlow

Melissa Walling

Paulita Carroll

Cinda Thomas, LPN

Robin Duncan

Jimmy Carpenter

Florence Martin/Pat Holt

Deloris Woods

Angela Duncan/Toby Watson

## **REMINDERS:**

- Please label your loved ones' clothing and items, even if you do their laundry.
- Bring zip lock bags or sealed containers for food storage
- Help keep your loved one's closet neat by cleaning it out seasonally.
- Please do not display items on lights.

**Thanks!**



**33904 Highway 63  
Marked Tree, AR 72365**