

Three Rivers Reveille

Three Rivers Healthcare & Rehabilitation Newsletter (870) 358-2432

March 2014

**Spring
Forward!**

**Daylight
Savings Time
Begins**



**Don't forget
to set your
clocks ahead
one hour on
Sunday
March 9th at
2:00 a.m.**

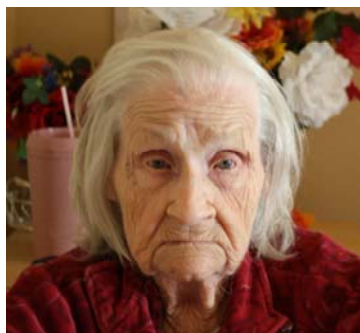
A "Hearty" Celebration

Love was in the air last month as Three Rivers Healthcare and Rehabilitation residents and staff gathered to celebrate Valentine's Day. Residents enjoyed pink drinks and a variety of sweet treats decorated by residents. The colorful cupcakes were decorated with themed toppers, icing, and sprinkles. As residents enjoyed their refreshments, we were lovingly entertained by Mr. Ed Thomas, who provided the opportunity for karaoke with a theme of love songs. Everyone had a delightfully good time, as both staff and residents belted out tunes to the karaoke music.



THREE RIVERS
Healthcare & Rehabilitation

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Resident of the Month

Ms. L. Nash

Ms. L. Nash has been at Three Rivers for four years. She is a very sweet lady who enjoys snack time.



Employee of the Month

Shirley Martin

Shirley has been employed at Three Rivers for 10 months. Her favorite part about working here is listening and talking to the residents.

Residents' Birthdays

M. Burks	3/13
M. Higgins	3/26
G. Madden	3/27
J. McClellan	3/1
M. Meyers	3/28
J. Person	3/16
B. Pruett	3/2
V. Russell	3/17
J. Wright	3/14



Happy Birthday!

MARCH 2014

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					



Head Start Fundraiser

Three Rivers resident, Ms. Earnestine Green, is holding a fundraiser to benefit the local Head Start children's program next door to Three Rivers Healthcare and Rehabilitation. If anyone would like to donate school supplies, such as glue sticks, paper, crayons, folders, paper towels, book bags, writing tablets, and pencils, please drop them off in the red box in Three Rivers' front lobby. Thank you!

More Bowling Pictures...





BOWLING UP SOME FUN!

Last month, a busload of residents and staff took a fun and exciting outing to the Jonesboro Bowling Center. The mix of residents and staff was the perfect recipe for lots of joking and laughing during the field trip. Two bowling lanes were



set up, and a little staff-versus-residents competition ensued. Through all the fun and games, Mr. Gatlin, who is known for making everyone laugh, came out on top as the winner of the bowling competition!



COOKING WITH ZACH

The weather outside is frightful, but the "Barge Rice Dip" at Three Rivers is so delightful. This was the tune of Three Rivers Healthcare and Rehabilitation residents, as they we chowed down on tasty Rotel dip with a twist. Adding seasoned beef and fluffy rice made this dish more hearty and flavorful. It was definitely a crowd pleaser.



Barge Rice Dip

1 pound lean beef cooked and drained
1 package Velveeta
2 cans Rotel
2 packages taco seasoning
1 package precooked rice
2 cans nacho cheese cream Soup
2 cans green chillies
Fritos Scoops
Butter spray, of course!



Our Mission

Our mission is to enable our residents to live life to its fullest, regardless of age or health, with compassion, understanding, respect, dignity, and caring support.

Brown meat, drain oil, and add one package of taco seasoning. Cube Velveeta, and add the Rotel, rice and all canned ingredients to a butter sprayed crockpot. Add meat and the additional package of taco seasoning. Let simmer on low, and serve with Frito Scoops or chips of choice. Enjoy!

ABOUT US —

Three Rivers Healthcare and Rehabilitation is nestled in a peaceful community of Marked Tree, just off Highway 63. As you will soon see, we may be the best kept secret in North East Arkansas! With our Spa, Salon, garden area, beautiful patios, attentive staff and much, much more, you may find yourself ready to move in, even if you're looking to find a home for someone else!

Three Rivers Healthcare & Rehabilitation

**33904 Highway 63
Marked Tree, AR
72365**

**PHONE:
(870) 358-2432**

**FAX:
(870) 358-4582**

We're on the Web!
See us at:
www.threerivershealthcare.org

DEPARTMENT HEADS:

**Administrator
Director of Nursing
Assistant Director of Nursing
Admissions Coordinator
MDS Coordinator/Medical Records
Social Services Director
Business Office Manager
Medicare Nurse
Dietary Manager
Maintenance
Housekeeping Supervisor
CNA Supervisor
Activity Director
Office Receptionist**

**David Brazile
Diane Green
Shelly Webb
Zachary Hatley
Anna Hobbs, LPN
Brittany Smallwood
Audra Campbell
Cinda Thomas, LPN
Robin Parker
Jimmy Carpenter
Pat Holt
Melissa Gardner
Tarah Hervey
Wanda Hendrix**

REMINDERS:

- Please label your loved ones' clothing and items, even if you do their laundry.
- Bring zip lock bags or sealed containers for food storage
- Help keep your loved one's closet neat by cleaning it out seasonally.
- Please do not display items on lights.

Thanks!



**33904 Highway 63
Marked Tree, AR 72365**